

SURGERY VS MEDICATION

**LONG TERM
WEIGHT LOSS**

30% total weight loss

5% total weight loss
(weight regain once stopping medication)

**MEDICATION
REDUCTION**

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**WEIGHT
REGAIN**

Most keep 30% total
weight loss off long term

> 80% from ceasing
medication
(back to starting weight or higher)

**TREATMENT
OF DIABETES**

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**MUSCLE
LOSS**

Minimal

20% weight loss is muscle

COST

Minimal long term cost
cheaper than 1 to 2 years on
medication

Life long cost